

PATIENT DUCTUS ARTERIOSUS

ABOUT THE DISEASE

The ductus arteriosus is an important blood vessel when a fetus is developing, but this duct naturally closes a few hours after birth. If this duct does not close properly after birth and remains open, it causes the disease **Patent Ductus Arteriosus** (**PDA**).

Symptoms may be apparent in the first months of a patient's life. However, with time, it can lead to irreversible damage to the heart and signs of congestive heart failure. Symptoms include coughing, fast breathing or with effort, and exercise intolerance. **PDA** can quickly become life-threatening.

Symptoms occur most commonly during the first 2 years of life. Patients with a **PDA** will not have a normal life span unless corrected with surgery.

Please see the Congestive Heart Failure document for additional information.

OBTAINING A DIAGNOSIS

A loud, constant heart murmur is usually detected by a veterinarian at the first exam. If a heart murmur is detected, patients should be evaluated again in 2-3 weeks, as murmurs can be harmless occurrences that will resolve with natural growth. However, if there is a concern that the patient may have a **PDA**, tests are often recommended immediately.

An ultrasound of the heart (echocardiogram) is the preferred choice for diagnosing heart disease.

X-rays (radiographs) are a basic tool for diagnosing heart disease but are better for determining fluid on the lungs.

TREATMENT

Surgery is the only reliable treatment method for long-term survival. Ideally, patients with a **PDA** are selected before any symptoms are present under 6 months old. With surgery, most patients have a good prognosis with a normal life span.

If a PDA is not detected until later in life, surgical correction may not be enough to restore the heart to normal function.

Typically, surgery is only available at referral and teaching hospitals.

TIPS FOR SUCCESS

- There is no benefit to a "wait-and-see" approach once a **PDA** is detected. Elect surgery sooner rather than later.
- Sometimes the patient requires medications for congestive heart failure. Please see the <u>Congestive Heart Failure</u> document for additional information.
- Some patients have heart murmurs at birth, which will resolve by 16 weeks of age. Your veterinarian will help determine if a **PDA** is present and provide recommendations to suit the patient.

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